




Week 1 Autumn/Winter

Secondary school menu (October to April) (starts 28th October 2024)

Week 1: 28th Oct • 18th Nov • 9th Dec • 6th Jan • 27th Jan • 17th Feb (Hol) • 10th Mar • 31st Mar

	Mon	Tues	Wed	Thurs	Fri
Soup 	Homemade Soup of the day with Bread				
Main Meals 	Breaded Fish & Chips	Keema Curry, Rice & Chapatti	Sweet & Sour Chicken Noodles & Garlic Bread	Steak Pie with Yorkshire Puddings & Mash Potatoes	Grab & Go
	Veggie Stir Fried Rice with Curry Sauce & Chips (Ve)	Mexican Enchiladas & Garlic Bread (V)	Roasted Veg Pizza Baguette & Salad (V)	Roasted Veg & Mozzarella Tart with Salad (V)	
	All served with Seasonal Veg and/or Salad				
Dessert 	Cook's Traybake & Tub of Natural Yoghurt	Oaty Fruit Cookie & Tub of Natural Yoghurt	Fruit Muffin & Tub of Natural Yoghurt	Cook's Traybake & Tub of Natural Yoghurt	

Snack items include:

(but are not limited to)

Pizza
Pizzinis
Paninis
Salad Boxes
Baked Potatoes
Burgers (red meat is limited)
Hot and Cold Filled Sandwiches, Rolls, Baguettes etc

All snack items come with a portion of Veg or Salad

Meal Deal A - £2.65

- Soup OR Dessert OR Biscuits & Cheese +
- Main Meal +
- 2 Portions of Veg/Salad +
- 1 Portion of Fruit +
- 330ml Bottle of Water

Meal Deal B - £2.65

- Pizza, Pizzini or Toastie +
- 1 Portion of Veg/Salad +
- Traybake +
- EITHER Bottle of Rubicon/Radnor Still/Radnor Sparkling OR 330ml Bottle of Water + Fruit Portion

Meal Deal C - £2.65

- Hot or Cold Filled Sandwich, Roll, Wrap, Pitta or ½ Baguette +
- 1 Portion of Veg/Salad +
- Traybake +
- EITHER Bottle of Rubicon/Radnor Still/Radnor Sparkling OR 330ml Bottle of Water + Fruit Portion

Contact Details

Email: cl.catering@highland.gov.uk
Phone: 01463 644102

For payment see link below or contact catering services (or Scan the QR code)
www.highland.gov.uk/info/878/schools/9/school_meals/2

For Allergies, Intolerances, Cultural, Ethical or ASN meal choices - apply online
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Week 2 Autumn/Winter

Secondary school menu (October to April) (starts 4th November 2024)

Week 2: 4th Nov • 25th Nov • 16th Dec • 13th Jan • 3rd Feb • 24th Feb • 17th Mar

	Mon	Tues	Wed	Thurs	Fri
Soup 	Homemade Soup of the day with Bread				
Main Meals 	Macaroni Cheese & Garlic Bread (V)	Mince & Tatties	Homemade Chicken Burger & Diced Potatoes	Breaded Fish & Chips	Grab & Go
	Veggie Curry & Rice (Ve)	Quorn Dippers & Salad Wrap with Dice Potatoes (Ve)	Veggie Fajitas & Salad (V)	Veggie Chili & Rice (V)	
	All served with Seasonal Veg and/or Salad				
Dessert 	Cook's Traybake & Tub of Natural Yoghurt	Honey Fruit Sponge & Tub of Natural Yoghurt	Cook's Traybake & Tub of Natural Yoghurt	Oaty Shortbread & Tub of Natural Yoghurt	

Snack items include:

(but are not limited to)

Pizza
Pizzinis
Paninis
Salad Boxes
Baked Potatoes
Burgers (red meat is limited)
Hot and Cold Filled Sandwiches, Rolls, Baguettes etc

All snack items come with a portion of Veg or Salad

Meal Deal A - £2.65

- Soup OR Dessert OR Biscuits & Cheese +
- Main Meal +
- 2 Portions of Veg/Salad +
- 1 Portion of Fruit +
- 330ml Bottle of Water

Meal Deal B - £2.65

- Pizza, Pizzini or Toastie +
- 1 Portion of Veg/Salad +
- Traybake +
- EITHER Bottle of Rubicon/Radnor Still/Radnor Sparkling OR 330ml Bottle of Water + Fruit Portion

Meal Deal C - £2.65

- Hot or Cold Filled Sandwich, Roll, Wrap, Pitta or ½ Baguette +
- 1 Portion of Veg/Salad +
- Traybake +
- EITHER Bottle of Rubicon/Radnor Still/Radnor Sparkling OR 330ml Bottle of Water + Fruit Portion

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Week 3 Autumn/Winter



Secondary school menu (October to April) (starts 11th November 2024)

Week 3: 11th Nov • 2nd Dec • 20th Jan • 10th Feb • 3rd Mar • 24th Mar

	Mon	Tues	Wed	Thurs	Fri
Soup 	Homemade Soup of the day with Bread				
Main Meals 	Chicken Goujons with BBQ sauce in a Pitta Pocket	Salmon Bubble Fish & Chips	Chicken Curry & Rice	Spaghetti Bolognese & Garlic Bread	Grab & Go
	Veggie Noodles & Tortilla Chips (V)	Macaroni Cheese & Garlic Bread (V)	Homemade Veggie Burger & Dice Potatoes (V)	Vegan Sausage Roll, Mash & Beans (Ve)	
All served with Seasonal Veg and/or Salad					
Dessert 	Cook's Traybake & Tub of Natural Yoghurt	Apple Cake & Cream	Cook's Traybake & Tub of Natural Yoghurt	Ginger Biscuit & Tub of Natural Yoghurt	

Snack items include:

(but are not limited to)

- Pizza
- Pizzinis
- Paninis
- Salad Boxes
- Baked Potatoes
- Burgers (red meat is limited)
- Hot and Cold Filled Sandwiches, Rolls, Baguettes etc

All snack items come with a portion of Veg or Salad

Meal Deal A - £2.65

- Soup OR Dessert OR Biscuits & Cheese +
- Main Meal +
- 2 Portions of Veg/Salad +
- 1 Portion of Fruit +
- 330ml Bottle of Water

Meal Deal B - £2.65

- Pizza, Pizzini or Toastie +
- 1 Portion of Veg/Salad +
- Traybake +
- EITHER Bottle of Rubicon/Radnor Still/Radnor Sparkling OR 330ml Bottle of Water + Fruit Portion

Meal Deal C - £2.65

- Hot or Cold Filled Sandwich, Roll, Wrap, Pitta or ½ Baguette +
- 1 Portion of Veg/Salad +
- Traybake +
- EITHER Bottle of Rubicon/Radnor Still/Radnor Sparkling OR 330ml Bottle of Water + Fruit Portion

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